

Dear BLR Parents of High School Girls,

We are emailing to tell you about an upcoming **BeLoved on Wed, April 24** entitled: **You Are Not Alone—Unmasking the Dangers of Pornography**. We realize that this is a sensitive topic, but here is why we feel strongly about covering this with the high school girls by shining the light of God's truth into the darkness.

WHY? With the rise of technology, social media, and the hyper-sexualization of our culture, exposure to pornography has risen significantly amongst teenage girls (<https://www.covenanteyes.com/blog/10-shocking-stats-about-teens-and-pornography/>). This is no longer just a male problem. Unfortunately, parents, adults, and those close to young people are often unaware.

OUR GOAL: To communicate to high school girls within a safe environment with trusted adults, that they are not alone in their struggle with pornography and there is hope and healing.

Here is a brief overview of the content:

THERE IS DANGER: Unmasking the pervasiveness of pornography (even soft porn) and the desensitization to it, especially through media. Understanding the harmful effects of pornography.

THERE IS A PURPOSE: Understanding God's design and intention for human sexuality that leads to dignity and respect of oneself and others.

THERE IS HOPE AND FREEDOM: Practical steps to purity, freedom, and healing.

The BLR team will communicate through personal stories of freedom and healing, and provide practical tools for living in the light, and finding healing and restoration through accountability, and holy friendships.

In addition to practical teaching we will have:

Adoration: Time for prayer, worship, to bring areas of confusion, darkness, secrecy in the light with Jesus.

Confession: An opportunity for reconciliation, healing.

We have done this presentation in the past within the BLR community and with the girls of A18 at Christ the King Parish. We have seen good fruit come from our time together.

This night is valuable for all girls, even if they don't struggle in this area. It is likely that they will know someone who does and can be a good source of wisdom and support. It is also true that they may be exposed to soft porn through media outlets like Tik Tok, Instagram, Snapchat, YouTube, Vsco, movies, etc, and need wisdom to battle this.

Please let us know if you have questions or concerns and we would be happy to chat more with you about it.

God bless,
Debbie Herbeck and BLR Team